

**The Association of Professional Declutterers and Organisers UK (apdo-uk)**  
[www.apdo-uk.co.uk](http://www.apdo-uk.co.uk)



**Help For Hoarders**  
[www.helpforhoarders.co.uk](http://www.helpforhoarders.co.uk)



**Children of Hoarders**  
[www.childrenofhoarders.com](http://www.childrenofhoarders.com)

**The Elderly**  
[www.ageuk.org.uk](http://www.ageuk.org.uk)  
[www.staywellservices.org.uk](http://www.staywellservices.org.uk)



**Attention Deficit Hyperactivity Disorder**  
[www.adhdfoundation.org.uk](http://www.adhdfoundation.org.uk)



**Bereavement**  
[www.crusebereavementcare.org.uk](http://www.crusebereavementcare.org.uk)

**Anxiety and depression**  
[www.anxietyuk.org.uk](http://www.anxietyuk.org.uk)  
[www.mind.co.uk](http://www.mind.co.uk)



**Obsessive Compulsive Disorder**  
[www.ocduk.org](http://www.ocduk.org)



**Legal and financial Advice**  
[www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)



**Decluttering hints and tips**  
[www.flylady.net](http://www.flylady.net)  
[www.unclutterer.com](http://www.unclutterer.com)  
[www.organizedhome.com](http://www.organizedhome.com)



**Car boot sales**  
[www.carbootsales.org](http://www.carbootsales.org)



**Recycling on line**  
[www.freegle.org.uk](http://www.freegle.org.uk)  
[www.preloved.co.uk](http://www.preloved.co.uk)  
[www.freecycle.org.uk](http://www.freecycle.org.uk)



**Citizens Advice**  
the charity for your community

**Selling on line**  
[www.ebay.co.uk](http://www.ebay.co.uk)

[www.preloved.co.uk](http://www.preloved.co.uk)  
[www.amazon.co.uk](http://www.amazon.co.uk)  
[www.gumtree.com](http://www.gumtree.com)  
[www.facebook.com](http://www.facebook.com)  
[www.streetlife.com](http://www.streetlife.com)

### **Selling on your behalf**

[www.ebay.co.uk](http://www.ebay.co.uk)  
[www.stuffusell.co.uk](http://www.stuffusell.co.uk)  
[www.tags-on.com](http://www.tags-on.com)

### **Furniture recycling**

[www.frn.org.uk](http://www.frn.org.uk)  
[www.surreyreusenetwork.org.uk](http://www.surreyreusenetwork.org.uk)

### **Lend and borrow schemes**

[www.ecomodo.com](http://www.ecomodo.com)

### **Inspirational sites**

[www.pinterest.com](http://www.pinterest.com)  
[www.houzz.com](http://www.houzz.com)

### **Buying storage and organisational products**

Store – A Place for Everything

The Holding Company

IKEA

Lakeland

Staples

Cargo Home stores

Muji

Argos

Really Useful Box Company

Great Little Trading Co

The Children's Furniture Company

ASPACE

Cotswold Company

Plastic Box Shop

Tszuji Storage for life

[www.aplaceforeverything.co.uk](http://www.aplaceforeverything.co.uk)

[www.theholdingcompany.co.uk](http://www.theholdingcompany.co.uk)

[www.ikea.com](http://www.ikea.com)

[www.lakeland.co.uk](http://www.lakeland.co.uk)

[www.staples.co.uk](http://www.staples.co.uk)

[www.cargohomeshop.com](http://www.cargohomeshop.com)

[www.muji.co.uk](http://www.muji.co.uk)

[www.argos.co.uk](http://www.argos.co.uk)

[www.reallyusefulproducts.co.uk](http://www.reallyusefulproducts.co.uk)

[www.gltc.co.uk](http://www.gltc.co.uk)

[www.thechildrensfurniturecompany.com](http://www.thechildrensfurniturecompany.com)

[www.aspace.co.uk](http://www.aspace.co.uk)

[www.cotswoldco.com](http://www.cotswoldco.com)

[www.plasticboxshop.co.uk](http://www.plasticboxshop.co.uk)

[www.tszuji.co.uk](http://www.tszuji.co.uk)

